

1/30/26

Due to the forecasted snow and for the safety of everyone, **ALL EVENTS ARE CANCELLED. NO CONFESSION, NO WEEKEND MASSES (JANUARY 31<sup>ST</sup> OR FEBRUARY 1<sup>ST</sup>), NO FAITH FORMATION.**

We encourage everyone to watch the Mass online, and we hope to see you next weekend!

Debido a la previsión de nieve y por la seguridad de todos, **SE CANCELAN TODOS LOS EVENTOS. NO HABRÁ CONFESIONES, NI MISAS DE FIN DE SEMANA (31 DE ENERO O 1 DE FEBRERO), NI CLASES DE FORMACIÓN DE FE.**

Les animamos a seguir la Misa en línea y esperamos verles el próximo fin de semana.

-SFDS

Mr Howard Canady passed away Tuesday morning. His Funeral Mass will be Tuesday, February 3rd at noon. The Viewing will be from 11:15 am - 11:45 am in the church (before the Funeral Mass). Please keep the family in your prayers.

### [Obituary \(Obituario\)](#)

El Sr. Howard Canady falleció el martes por la mañana. Su Misa Fúnebre se celebrará el martes 3 de febrero al mediodía. El velorio tendrá lugar de 11:15 am a 11:45 am en la iglesia (antes de la Misa Fúnebre). Por favor, tengan presente a la familia en sus oraciones.



## ST FRANCIS DE SALES CATHOLIC PARISH OF LUMBERTON



**Address (Dirección)**  
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**Office Hours**  
Tuesday through Friday

**Horarios de Oficina**  
martes a viernes

9:00 am - 5:00 pm

**Sunday Masses**  
**(in english)**  
Saturdays 5:00 pm  
and Sundays 10:30 am

closed  
(cerrado)  
12:00 pm - 1:30 pm

**Misas los domingos**  
**(en español)**  
7:20 am  
y 12:30 pm

Website (sitio web): <https://www.sfds-nc.org/>  
Office (oficina): 910-739-4723  
Email (correo electrónico): [office@sfd-nc.org](mailto:office@sfd-nc.org)  
Fax: 910-739-5443





The liturgical commission will hold a meeting on Tuesday, February the 3rd at 6 P.M. to prepare the liturgies for the Lent and Easter seasons. Those who are chairpersons for the various liturgical ministries, Sacristan, lectors, music, altar servers, eucharistic ministers, and ushers, are asked to attend. If you have any questions please see Joseph Walters, thank you.

La comisión litúrgica se reunirá el martes 3 de febrero a las 6:00 pm para preparar las liturgias de Cuaresma y Pascua. Se ruega la asistencia de los responsables de los diferentes ministerios litúrgicos: sacristán, lectores, coro, acólitos, ministros de la Eucaristía y ujieres. Si tienen alguna pregunta, por favor, consulten con Joseph Walters. Gracias.



There will NOT be Adoration this Friday, February 6<sup>th</sup> (BUT we WILL have Noon Mass) and the church will be open for all who want to come spend time with Jesus after the Noon Mass till 7:00 pm.

Este viernes 6 de febrero NO habrá Exposición del Santísimo (PERO SÍ habrá Misa del Mediodía) y la iglesia estará abierta para todos aquellos que deseen venir a pasar un rato con Jesús después de la Misa del Mediodía hasta las 7:00 pm.



On February 2<sup>nd</sup> we celebrate the Presentation of the Lord. Please bring your candles to be blessed at one of next weekend's Masses (February 7<sup>th</sup>/8<sup>th</sup>).

El 2 de febrero celebramos la Presentación del Señor. Les rogamos que traigan sus velas para que sean bendecidas en una de las Misas del próximo fin de semana (7 y 8 de febrero).



Blessing of the Throats will be done after every Mass next weekend (Feb 7<sup>th</sup> & 8<sup>th</sup>).

La Bendición de las Gargantas se realizará después de cada Misa el próximo fin de semana (7 y 8 de febrero).

Each Friday during Lent, from February 20<sup>th</sup> to March 27<sup>th</sup>, we will have Stations of the Cross in the church and Lenten Soup Suppers in the Social Hall. This is a wonderful time of meditation and fellowship.

Stations of the Cross will be in English at 6:00PM and in Spanish at 7:30PM. Soup, bread, and water will be served in the Social Hall between the two services at approximately 6:30PM. The soup is always delicious! All are welcome to attend.

If you would like to volunteer to bring a pot of soup, please contact April Pittman or the Parish Office. You can find the document listing volunteers here:

<https://docs.google.com/document/d/1dRAnSPO4Drd3eG5SQ4d3AzAdVJGmYQGmkjDuh3OXqBE/edit?usp=sharing>

Cada viernes durante la Cuaresma, del 20 de febrero al 27 de marzo, tendremos el Vía Crucis en la iglesia y cenas de sopa cuaresmales en el salón social. Este es un momento maravilloso de meditación y convivencia.

El Vía Crucis será en inglés a las 6:00 p. m. y en español a las 7:30 p. m. Se servirá sopa, pan y agua en el salón social entre las dos celebraciones, aproximadamente a las 6:30 p. m. ¡La sopa siempre está deliciosa! Todos son bienvenidos. Si desea ser voluntario para traer una olla de sopa, comuníquese con April Pittman o con la oficina parroquial. Puede encontrar el documento con la lista de voluntarios aquí:

<https://docs.google.com/document/d/1dRAnSPO4Drd3eG5SQ4d3AzAdVJGmYQGmkjDuh3OXqBE/edit?usp=sharing>



Join us each Friday during Lent for Stations of the Cross and Supper. Stations held in the church. Supper in the Social Hall.



Stations of the Cross  
English 6:00PM

Soup, Bread, and Water  
Served in the Social Hall  
6:30PM

Stations of the Cross  
Spanish 7:30PM

IF YOU WOULD LIKE TO PROVIDE SOUP FOR ONE MEAL, PLEASE CONTACT THE PARISH OFFICE.

It's that time of year again! If you need your 2025 Contribution Letter, contact the church office (office@sfds-nc.org) via email, phone or stop by the office during office hours. We will need your name, 2025 envelope number, address, phone number, and how you would like to receive your letter. You can choose to have it emailed, physically mailed, or you may pick it up in the office, We will contact you once your Contribution Letter is completed. Please keep in mind that it can take up to a week for the letter to be ready. If you have any questions please contact Rhonda Lange or the church office. PLEASE...make ANY changes that might need to be made, thank you!

¡Ya llegó esa época del año! Si necesita su carta de contribución de 2025, comuníquese con la oficina parroquial (office@sfds-nc.org) por correo electrónico, teléfono o visite la oficina durante el horario de atención. Necesitaremos su nombre, número de sobre de 2025, dirección, número de teléfono y cómo desea recibir su carta. Puede elegir recibirla por correo electrónico, por correo postal o recogerla en la oficina. Nos comunicaremos con usted una vez que su carta de contribución esté lista. Tenga en cuenta que la preparación de la carta puede tardar hasta una semana. Si tiene alguna pregunta, comuníquese con Rhonda Lange o con la oficina parroquial. Por favor, realice cualquier cambio que sea necesario. ¡Gracias!

Our Social Ministry collected **150 pounds** of non perishable foods for the month of January!

Thank you so much for your continued support. Reminder that the collection baskets are near the door entrances inside the church.

Nuestro Ministerio Social recolectó **150 libras** de alimentos no perecederos durante el mes de enero.

Muchas gracias por su continuo apoyo. Les recordamos que las cestas de recolección se encuentran cerca de las entradas adentro la iglesia.



# THIS WEEK AT A GLANCE

Readings and Masses for the Week ~ Year A

Lecturas y Misas de la Semana ~ Año A

Saturday (Jan 31st)  
**Fourth Sunday in Ordinary Time**  
 Sunday (Feb 1st)  
 Zep 2:3; 3:12-13 Ps 146:6-10 1 Cor 1:26-31 Mt 5:1-12a

Monday (Feb 2nd)  
 THE PRESENTATION OF THE LORD  
 Mal 3:1-4 Ps 24:7-10 Heb 2:14-18 Lk 2:22-40

Tuesday (Feb 3rd) **FUNERAL MASS 12:00 PM ~ HOWARD CANADY**  
 St Blaise, Bishop, Martyr; St Ansgar, Bishop  
 2 Sm 18:9-10, 14b, 24-25a, 30 - 19:3 Ps 86:1-6 Mk 5:21-43

Wednesday (Feb 4th) Mass 12:00 pm (+Charlie Kirk)  
 Weekday [Week 4 in Ordinary Time]  
 2 Sm 24:2, 9-17 Ps 32:1-2, 5-7 Mk 6:1-6

Thursday (Feb 5th) Mass 12:00 pm (+Fr James Buckholz)  
 St Agatha, Virgin, Martyr  
 1 Kgs 2:1-4, 10-12 Ps (1 Chr 29:10-12) Mk 6:7-13

Friday (Feb 6th) Mass 12:00 pm (+Rev Sr Maria Dorothy Ugbe) **NO ADORATION**  
 St Paul Miki and Companions, Martyrs  
 Sir 47:2-11 Ps 18:31, 47, 50-51 Mk 6:14-29

Saturday (Feb 7th)  
 Weekday [4]; BVM  
 1 Kgs 3:4-13 Ps 119:9-14 Mk 6:30-34

[Parish Financial Record](#)

[Registro Financiero Parroquial](#)

**3<sup>rd</sup> Sunday in Ordinary Time**

1st Collection \$  
 2nd Collection \$  
 (Maintenance of Church Building)  
 Total: \$  
 Last Year \$

**All Masses were cancelled.**

We thank you all for your contributions! Please remember to send your offertory envelope weekly or monthly, or you may give online.

¡Les agradecemos a todos por sus contribuciones! Por favor, recuerde enviar su sobre de ofertorio semanal o mensualmente, o puede dar en línea.

<https://www.parishgiving.org/index?e=EB7D1D74B9E1D3AFD5A6E0FD209BC0BECD23ED5C1C016A00>

## Happy Birthday Blessings Bendiciones de Feliz Cumpleaños 1st - 7th February 2026



Beatriz Reyes, Bertha Hernandez, George Yanez, Geoffrey Powers, Paul Pittman, Rogelio Lucas, Lourdez Basilio, Annika Bass, Jaquelin Gaona, Sebastian Arokiasamy, Fredrick Jr Dana, Robert Gargala, and Brigida Dominguez

**In Need of Prayer/En necesidad de oración:** David & Rhonda Martin, Sandra Rodríguez, Dr. Jerry Devine, Renete Cortez, Lupita Flores Castellano, Fabien, Janet Hester, Joseph & Shelby Young, Cathy Cartrette, Doris Schneider, Doris Warwick, Carolyn Wilkerson, Michelle & James White, Joan Van Huesen, Noelia Powell, Joel Rivera, Kathy Geibert, Mary Lee Wadrose, Juanita Mishoe, Ruth Keen, Sr Marta Castrejon Flores, Annette Dent, Neal Frazier, Victor Dorais, Andrea Emilia Bernabey, The Dana Family, Rosario Reantaso, baby Elizabeth, Allie Rogers, Lou Rastelli, the Bowen & Fisher Family, Michael Charkey, Marion Sherman, Patricia Norton & Jimmy and Marie Davis

**Sick and Homebound/Enfermos y confinados en casa:** Lydia Yarborough, Josette Terry, Gladys Ortiz, Peggy Malinsky, Lorraine Sinclair, Tom Jacoby, Jan Henderson, Mikey Gaugh and Ken Cross

**Nursing Homes/Residencias de Ancianos:** Mary Hammonds and Therese Morel at Wesley Pines (Lumberton), Elisabeth Oxendine at Carrolton Nursing Home (Fayetteville)

**Recently Deceased/Recientemente fallecidos:** +Howard Canady ([Obituary](#))

\*Please notify the office if there is someone you would like us to add to our prayer list. \*

\*Por favor notifique a la oficina si hay alguien que le gustaría que agreguemos a nuestra lista de oración.\*



Durante los últimos meses, nuestra parroquia ha estado implementando un nuevo sistema diocesano llamado ParishSOFT. Este sistema será utilizado por todas las parroquias de la diócesis y nos permitirá gestionar los registros parroquiales de forma más segura, precisa y eficiente, en consonancia con los estándares diocesanos.

Este cambio forma parte de un esfuerzo mayor en toda la diócesis para fortalecer la seguridad de los datos, mejorar la comunicación y brindar un mejor apoyo a nuestra comunidad parroquial. No se requiere ninguna acción inmediata de su parte, pero tenga en cuenta que en las próximas semanas recibirá una invitación a My Parish. Al aceptar la invitación y crear una cuenta, pronto podrá realizar las siguientes acciones:

- Mantener actualizada su información de contacto y familiar, lo que nos permitirá brindarle una mejor atención.
- Facilitar la comunicación clara y precisa con el personal de la parroquia.
- Gestionar su participación en los ministerios; infórmenos cuándo y cómo desea servir.
- Acceder a su historial de donaciones y descargar fácilmente sus comprobantes de contribución.
- Inscribirse en la catequesis y en los eventos parroquiales con solo unos clics.
- Conectarse con otras familias de la parroquia a través de nuestro directorio.

Agradecemos su paciencia y colaboración durante esta transición. Nuestro objetivo es garantizar que los registros parroquiales sean precisos y estén actualizados para poder servirle mejor a usted y a nuestra comunidad parroquial.

Si tiene alguna pregunta, no dude en comunicarse con la oficina parroquial.

Gracias por su continuo apoyo y comprensión.



Over the last few months, our parish has been transitioning to a new diocesan-wide system called ParishSOFT. This system will be used by all Parishes across the Diocese and will allow us to manage parish records more securely, accurately, and efficiently, while aligning with diocesan standards.

This change is part of a larger effort across the Diocese to strengthen data security, improve communication, and better support our parish community. There is no immediate action required from you at this time but please note that within the next few weeks, you will receive an invitation to My Parish. By accepting and creating an account, you will be able to soon do the following -

- Keep your contact and family information current, helping us care for you better
- Assist our parish staff in communicating clearly and accurately
- Manage your ministry involvement; tell us when and how you want to serve
- Access your giving history and download contribution statements easily
- Register for religious education and parish events with a few clicks
- Connect with other parish families through our directory

We appreciate your patience and cooperation as we work through this transition. Our goal is to ensure that parish records are accurate and up to date so we can better serve you and our parish family.

If you have any questions, please feel free to contact the parish office.

Thank you for your continued support and understanding.

## Reflexión de esta semana

Cuarto Domingo del Tiempo Ordinario (1 de febrero de 2026)

Acabamos de escuchar palabras muy conocidas de boca de Jesús.

Sabemos que sus palabras son instructivas y están llenas de un gozoso aliento. Nuestro Dios recompensa a quienes se esfuerzan por ser pobres de espíritu y humildes, a quienes tienen hambre y sed de santidad, a quienes muestran misericordia y trabajan por la paz, y especialmente a quienes sufren por sus esfuerzos por ser santos.

Cuando intentamos seguir la guía de la gracia y ser como Jesús, somos bienaventurados y tenemos motivos para alegrarnos. Se nos promete la recompensa del cielo.

Las palabras de Pablo a los Corintios nos recuerdan la gran paradoja de nuestra existencia. Los humildes del mundo son llamados por Dios a ser sus amigos, hermanos y hermanas de su Hijo, no los sabios e influyentes a quienes busca la gente del mundo. Solo los débiles, los de humilde condición, aquellos que no cuentan para nada, son capaces de reconocer las realidades más profundas de la creación y dar gracias por la maravillosa misericordia y el amor de Dios. Se alegran inmensamente de dejar que Dios sea Dios. Están abiertos a todo lo que la gracia puede hacer en sus vidas. Pueden refugiarse en el Señor.

El profeta Sofonías nos anima a seguir buscando al Señor, a observar su ley y a buscar la justicia y la humildad. Cuando vivimos de esta manera, formamos parte del remanente fiel que Dios deja en medio del mundo como levadura.

Como seguidores de San Francisco de Sales, a menudo hemos escuchado las palabras de las Bienaventuranzas. Son el fundamento de «¡Vive, Jesús!». Que encontremos alegría al escucharlas de nuevo, y que nos impulsen en nuestros esfuerzos por ser humildes y mansos como Jesús lo fue.

[www.oblates.org](http://www.oblates.org)

## This week's reflection

Fourth Sunday in Ordinary Time (February 1, 2026)

We have just heard very familiar words from the mouth of Jesus.

We know that his words are instructive, they are also filled with joyful encouragement. Our God rewards those who struggle to be poor in spirit and humble, those who hunger and thirst to be holy, those who show mercy and work for peace, and especially those who suffer for their efforts to be holy.

When we try to follow the lead of grace and be like Jesus, we are blessed and have reason to be glad. We are promised the reward of heaven.

Paul's words to the Corinthians remind us of the great paradox of our existence. The lowly of the world are called by God to be his friends, brothers and sisters of His Son - not the wise and influential whom people of the world seek. Only the weak, the low-born, those who count for nothing are able to recognize the deeper realities of creation and give thanks for the wonderful mercy and love of God. They are overjoyed to let God be God. They are open to all that grace can do in their lives. They can take refuge in the Lord.

The prophet Zephaniah encourages us to continue to seek the Lord, observe his law, and seek justice and humility. When we live in this manner, then we are part of the faithful remnant whom God leaves in the midst of the world as a leaven.

As followers of de Sales, we have often heard the words of the Beatitudes. They are the foundation for "Live, Jesus!" May we find joy in hearing them again, and may they urge us on in our efforts to be humble and gentle as Jesus was.

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SFDS Calendar Jan 2026 - June 2026

Updated (Actualizado) 30 Jan 2026

February 2026						
Sunday (domingo)	Monday (lunes)	Tuesday (martes)	Wednesday (miércoles)	Thursday (jueves)	Friday (viernes)	Saturday (sábado)
01st	02nd 7:00 pm Coros	03rd <b>St Blaise</b> 11:15 am - 11:45 am Viewing 12:00 pm Funeral Mass (Howard Canady) 6:00 pm Liturgical Meeting (Reunion Liturgico) 7:00 pm - 9:00 pm Grupo de Parejas	04th 12:00 pm Mass, Rosary 7:00 pm Ensayo de Coro V. N. 7:00 pm - 8:30 pm Youth Group	05th 12:00 pm Mass 6:30 pm - 7:30 pm Choir Practice 6:30 pm Knights of Columbus 7:30 pm - 9:00 pm Grupo de Oración	06th 12:00 pm Mass <b>NO ADORATION (NO EXPOSICION DEL SANTISIMO)</b> 7:00 pm - 9:00 pm Planificación G.C.	07th 9:00 am Entrenamiento para Nuevos Lectores 1:00 pm - 3:00 pm Plática de Bautismo 3:00 pm - 4:30 pm Confession 5:00 pm Mass, Blessing of the Throats 6:30 pm - 8:00 pm Ensayo de Coro 7:00 pm - 9:00 pm Jóvenes Adultos
08th Bendición de las Gargantas después de cada Misa 7:00 am - 7:20 am Rosario 7:20 am - 8:30 am Misa <b>NO FAITH FORMATION</b> 10:00 am - 10:30 am Rosario 10:30 am - 11:30 am Mass, Blessing of the Throats 12:00 pm - 12:20 pm Rosario 12:30 pm - 1:30 pm Misa 5:00 pm OCIA	09th 6:30 pm - 8:30 pm Spanish Catechist Certification Training 6:30 pm - 8:30 pm English Catechist Certification Class	10th 7:00 pm - 9:00 pm Grupo de Parejas	11th 12:00 pm Mass, Rosary 6:30 pm - 8:00 pm Adult Faith Formation 7:00 pm Ensayo de Coro V. N.	12th 12:00 pm Mass (6:00 pm) 7:00 pm - 9:00 pm Grupo de Oración 6:30 pm - 7:30 pm Choir Practice	13th 12:00 pm Mass 5:00 pm - 7:00 pm G's Choir Practice	14th Valentine's Day 12:00 pm - 4:00 pm Decoración 10:00 am Misa Bautismo 3:00 pm - 4:30 pm Confession 5:00 pm Mass 6:30 pm - 8:00 pm Ensayo de Coro 6:30 pm - 11:00 pm Cena de Parejas

Dear Sisters and Brothers of St. Francis De Sales Parish,

Adult Faith Formation begins this year again meeting every 2<sup>nd</sup> and 4<sup>th</sup> Wednesday of every month. We are excited to bring forth our Faith, Our Bible study, Our teachings and Our spirituality to you.

As we resume classes, we intend to continue our tradition of education and faith building among our parishioners with a welcome to any adults interested in growing in their faith and relationship with Christ, Mary His Mother and saints.

This year we are going to finish our coverage of church teaching by delving into the councils of the church. We assure you that if you are interested in truth, history and learning, you will find these classes interesting, entertaining and highly informative.

One of the early Church Fathers, St. Jerome said " Ignorance of Scripture is ignorance of Christ". He was the one responsible for translating the Bible into the Latin Vulgate. He views Scripture study as fundamental to Christian life and faith. Similarly, knowledge of Church teachings is essential to us as well. How many of us are equipped enough to defend our faith in today's world of secularism, totalitarianism and forces of false teaching. In living our call to evangelization are we able to explain the church's stand on various issues and challenges of the world.

For some of us it may be that we ourselves are questioning the validity of Church teaching. Come talk to us about your doubts and questions.

Once we cover the councils, we are going to address true worship based on Biblical teaching and church traditions.

Please note there are some classes that do not have a topic assigned. Please feel free to bring suggestions for these classes. Once we determine what topics are covered it will be announced in church

Below is the schedule for 2026. We will meet as we usually do, every 2<sup>nd</sup> and 4<sup>th</sup> Wednesday of the month (except for our first meeting – Jan 28<sup>th</sup>) in the social hall. We begin at 6.30 pm with dinner and then with classes and/or discussions from 7pm – 8pm. We have been able to follow this schedule rather strictly.

**Jan 28<sup>th</sup>** – The Council of Florence

**Feb 11<sup>th</sup>** – What does it mean to do God's Will and how do I know I am doing God's Will.

**Feb 25<sup>th</sup>** – The reformation – Historical outlook

**Mar 11<sup>th</sup>**– To be determined

**Mar 25<sup>th</sup>** – Reformation and the Enlightenment -Theological Aspect

**Apr 8<sup>th</sup>** – To be determined

**Apr 22<sup>nd</sup>** – Council of Trent

**May 13<sup>th</sup>** – To be determined

**May 27<sup>th</sup>** – First Vatican Council

**Jun 10<sup>th</sup>** – To be determined

**Jun 24<sup>th</sup>** – Second Vatican Council

**Jul 8<sup>th</sup>** – To be determined

**Jul 22<sup>nd</sup>** – Worship in the OT

**Aug 12<sup>th</sup>** – To be determined.

**Aug 26<sup>th</sup>** – Worship in the early church

**Sep 9<sup>th</sup>** – To be determined

**Sep 23<sup>rd</sup>** – Worship today

**Oct 14<sup>th</sup>** - To be determined

**Oct 28<sup>th</sup>** – Purgatory

**Nov 11<sup>th</sup>** - To be determined

This schedule is subject to change if it clashes with any church activity. We will keep you informed through church announcements.

Our Email address is for any questions or if you need to get in touch with us: [SFDSChurchAFF@yahoo.com](mailto:SFDSChurchAFF@yahoo.com). Feel free to use this email at any time if you have questions, suggestions and just to present your ideas. Please feel free to contact Winston Arokiasamy, or Joe Walters.

Thank You for your interest and cooperation.

Adult Faith Formation Committee

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