

Saint Francis de Sales CATHOLIC CHURCH

2000 Elizabethtown Road – P. O. Box 2249
Lumberton, NC 28358

Tel: (910) 739-4723 Fax: (910) 739-5443
Email: office@sfds-nc.org Web: www.sfds-nc.org



Rev. Zacharie Lukielo Tati, Parish Administrator

SACRAMENTS

Eucharist:	Daily Mass Weekend Mass	Wednesday – Friday Saturday Sunday	NOON 5:00pm; 6:30pm 7:30am(Spanish) 11:30pm(Spanish) 9:30am;(English)
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Reconciliation:	Saturday	3:30pm – 4:30pm
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Marriage:	Please call the parish office six (6) months before your wedding date.	Communicarse con la oficina seis (6) meses antes de la fecha de matrimonio.
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Anointing of the sick:	Please call the parish office	Communicarse con la oficina.
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De Sales

SPIRITUALITY SERVICES

"practical paths to holiness"

"What, Me Worry? Managing Anxiety"



Have you ever worried about the future? The destiny of a son or daughter, outliving your retirement investments, or caring for an aging, disabled parent?

Have you ever worried about the past? Regretted decisions, broken relationships or unfulfilled dreams? Have you ever had the experience of being worried about everything in general, but nothing in particular? If you said "yes," then you know something of anxiety.

There are many things in our lives that cause us to be anxious: regrets about the past, uncertainties about the future, and everything in between. But, as you probably know, anxiety can be as bad – or sometimes even worse – than the thing about which we were worried in the first place.

The American Heritage Dictionary of the English Language defines anxiety as "a state of intense apprehension, uncertainty and fear resulting from...a threatening situation or event, often to a degree that the normal physical and psychological functioning of the affected individual is disrupted."

St. Francis de Sales certainly knew the danger of anxiety. In his Introduction to the Devout Life (1609), he wrote: "Anxiety is

the greatest evil that can befall us, sin excepted." Strong language. He continued: "Sedition and internal troubles ruin a nation utterly and prevent it from being able to resist a foreign invasion. Similarly, when we are troubled and restless we lose our power to maintain the virtue that we have acquired. We also lose the means of resisting the temptations of the enemy who then makes every effort to fish, as they say, in troubled waters."

Anxiety not only hinders us from resisting evil. It can also prevent us from achieving what is good. How many first dates, interviews for a job promotion, or efforts to win that "big" contract have gone up in flames because of anxiety?

St. Francis de Sales wrote: "Anxiety arises from an inordinate desire to be freed from the evil we experience or to acquire the good for which we hope. Yet there is nothing which so aggravates the evil or impedes the good as anxiety and eagerness."

St. Jane de Chantal was a contemporary and friend of St. Francis de Sales. In her advice to a woman who had recently been widowed, St. Jane offered her remedy for anxiety: "Try to calm your passions and inclinations and live according to the sound

reason and the holy will of God. Otherwise, you will always be anxious and perturbed."

St. Francis de Sales wrote: "When you are taken up by a desire to be delivered from some evil or to obtain some good, place yourself above all in peace and tranquility. Compose your judgment and your will. Then, quietly and gently, pursue the object of your desire, taking in order the means that are fitting. And when I say 'gently,' I do not mean 'negligently' but without eagerness, confusion and anxiety. Otherwise, you will spoil everything."

So, when faced with some sin or setback to avoid, or when striving to obtain some gift or good, remain calm and avoid all solicitude. Ask God for the presence of mind and heart to stay centered. Consider what God gives you the courage and ability to do on your own behalf. Consider, too, that which is only in the hands of God.

Perhaps St. Jane says it best. "What I mean is that in all your good works you should unite yourself to the Will of God's good pleasure, and in your faults and imperfections, you should unite yourself to God's compassion gently, quietly and with peace of mind."



Sixth Sunday of Easter

Sexto Domingo de Pascua

ST FRANCIS De SALES CATHOLIC PARISH OF LUMBERTON

2000 Elizabethtown Rd [PO Box 2249] Lumberton, NC 28358

Tel: 910 – 739 – 4723 Fax: 910 – 739 – 5543

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Website: www.sfds-nc.org



MASS TIMES (HORARIOS DE MISA)

Wednesday, Thursday and Friday 12:00 pm (Noon)

Saturday 5:00 PM [English]

Sunday 9:30 AM [English]

7:30 AM y 11:30 AM [Español]

Office Hours (Horarios de Oficina)

Tuesday (Martes) – Friday (Viernes)

9:00 am – 5:00 pm

Closed from 12:00 pm (noon) – 1:15 pm

Bilingual Help available "all week"

Ayuda Bilingüe disponible "toda la semana"

Confession is every **Saturday** from **3:00 PM – 4:30 PM**,
or by appointment with the Priest

La confesión es todos los **sábados**

de **3:00 pm a 4:30 pm**, o con cita previa con el sacerdote.



For the month of March, our Parish Social Ministry collected an amazing 200 lbs., and in April an additional 132 lbs., bringing our total to **332 lbs.**! Thank you to everyone who supported this **Lenten Ministry Challenge**! As a reminder, Lumberton's Christian Care Center accepts sanitary items, canned/nonperishable foods, and items for daily hygiene. As always, your support and donations are greatly appreciated! Durante marzo, nuestro Ministerio Social Parroquial recaudó la increíble cantidad de 200 libras y, en abril, 132 libras adicionales, ¡lo que eleva nuestro total a **332 libras**! ¡Gracias a todos los que apoyaron este reto ministerial! Les recordamos que el Centro de Cuidado Cristiano de Lumberton acepta artículos sanitarios, alimentos enlatados/no perecederos y artículos de higiene diaria. Como siempre, ¡agradecemos enormemente su apoyo y sus donaciones!!



PARISH FINANCIAL RECORD:

Fifth Sunday of Easter

(May 17 / 18, 2025)

Confirmation Mass \$983.00

1st \$4663.59

2nd **\$948.76**

Total: **\$6,361.59**

[Last Year: **\$5771.00**]

We thank you all for your contributions. Please, remember to send your offertory envelope weekly or monthly or give online. Les agradecemos a todos por sus contribuciones. Por favor, recuerde enviar su sobre de ofertorio semanal o mensualmente o dar en línea

<https://www.parishgiving.org/index?e=EB7D1D74B9E1D3AFD5A6E0FD209BC0BECD23ED5C1C016A00>

Readings and Masses for the Week

Sixth week of Easter – Year C



Choir practice is held every Thursday at 6:30 pm. We are always looking for new/more members. Please consider joining. No need to RSVP, just come to practice and join in singing during Mass! Contact Greg Malinsky (ggregmalinsky@gmail.com) or Barbara Rich (brich1953@gmail.com) for more information. **Remember:** “He who sings prays twice!” (St

This Week's Reflection

Jesus makes a distinction in today's Gospel between the "peace as the world offers it" and the peace that comes from him.

Just what does Jesus mean?

The American Heritage Dictionary on the English Language may provide us with some clues. It defines peace as: 1. the absence of war or hostilities. 2. an agreement or treaty to end hostilities. 3. freedom from quarrels or disagreements; harmonious relations. 4. public security and order. 5. inner contentment; serenity.

The vision of peace that the world offers - appropriately enough - tells us that in order to experience true inner contentment we must first establish a world in which there is no war, no hostility, no quarrels, no disagreements, no public disorder or chaos. Tempting as this vision is to pursue, history - the world's and our own - painfully illustrates how truly fleeting and fallacious is this promise of peace...at least, this way of going about it.

By contrast, the peace that Jesus promises starts from within. It's about having a sense of integrity. It's about having a sense of purpose. It's about having a sense of meaning. It's about having a sense of mission. Ultimately, it's about having a clear and unambiguous sense of self, a self that is only fully understood and actualized in the context of one's relationship with God, oneself and others.

This is the kind of peace that the world cannot give.

Ironically, it is Jesus' promise of inner peace that offers the greatest hope for world peace. Only when we have first set aside our own personal hostilities, can we truly work for a world free of war. Only when we have first set aside our own need to be always right, can we strive for a world in which disagreements are not the last word. Only when we have first established some order and direction in our own lives, can we hope to achieve the same on a greater scale. Only when we experience the power and possibility that comes from knowing - and embracing - who we really are in the sight of God, can we become sources of that same power and possibility in the lives of others.

God's peace is not measured by the absence of conflict. God's peace is a function of how dedicated each one of us is to first knowing who we are so that we can see more clearly what the world can be and what steps we must take - together - to make that ideal, however fleeting or fragile, a reality.

Do you want world peace? Then think globally. But, like Jesus, act locally. As the last line of a well-known hymn challenges, “Let there be peace on earth, and let it begin with me.”. www.oblates.org

✦ Saturday (May 24) **Mass 5:00 PM:** (For the People)
✦ Sunday (May 25) **Misa 7:30 am** (+Christopher Joaquin Diaz)
Mass 9:30 am (+Florence Pellegrine)
Misa 11:30 AM (Familiares Difuntos de la Familia Verales-Bolaños)
1st Acts 15:1-2, 22-29 Ps 67:2-3, 5, 6, 8 2nd Rv 21:10-14, 22-23

**Jn 14:23-29

✦ Monday (May 26)
St Philip Neri [Priest(1515-1595)] Patron Saint of joy & Rome
1st Acts 16:11-15 Ps 149:1b-2, 3-4, 5-6a, 9b **Jn 15:26-16:4a

✦ Tuesday (May 27)
St Augustine of Canterbury [Pope(d.c.604)] Patron Saint of England
1st Acts 16:22-34 Ps 138:1-2ab, 2cde-3, 7c-8 **Jn 16:5-11

✦ Wednesday (May 28) **Noon Mass** (+Lidia Capote)
Easter Weekday
1st Acts 17:15, 22-18:1 Ps 148:1-2, 11-12, 13, 14 **Jn 16:12-15

✦ Thursday (May 29) **Noon Mass** (+Panfilo Abarca)
St Paul VI [Pope(1897-1978)] Patron Saint of missionaries, writers, public workers, & more!
1st Acts 18:1-8 Ps 98:1, 2-3ab, 3cd-4 **Jn 16:16-20

✦ Friday (May 30) **Noon Mass** (+Salome Cordero)
Easter Weekday
1st Acts 18:9-18 Ps 47:2-3, 4-5, 6-7 **Jn 16:20-23

✦ Saturday (May 31)
Visitation of Blessed Virgin Mary This feast commemorates the visit of Mary to her cousin Elizabeth
1st Zep 3:14-18a Ps 12:2-3, 4bcd, 5-6 ** Lk 1:39-56



Graduados de la Escuela Secundaria A medida que otro año escolar llega rápidamente a su fin, San Francisco de Sales desea reconocer a nuestros graduados de la escuela secundaria. Si conoce a algún estudiante de último año de secundaria que se gradúe este año, tómese unos minutos para completar esta encuesta y háganoslo saber. Gracias por su apoyo, aquí está el formulario: <https://forms.gle/5g3UXAvD2Ys9obzr7>

High School Graduates As another school year is quickly coming to an end, St. Francis de Sales would like to recognize our High School Graduates. If you know of any high school senior that is graduating this year, please take a few minutes to complete this survey and let us know! Thank you for your support, here is the form: <https://forms.gle/5g3UXAvD2Ys9obzr7>



You for Me" event, please visit <https://ncmarriediscovery.org/enrichment.php>

Our **Kateri Circle** meetings are a great opportunity to join in prayer and fellowship with Native Catholics and provide a space to learn about Native American spirituality and the culture of our indigenous tribes. These monthly meetings are open to everyone and held on behalf of Catholic Native Americans and friends. Please share freely! Email your name to our staff at nac@aamendor.org , OR fill out this form: www.forms.office.com/r/HZYGyQcRZy to sign up and receive a Zoom link.



to everyone celebrating their birthday this week! (¡Feliz cumpleaños a todos ustedes que celebran sus cumpleaños esta semana!)

May 25 - 31, 2025

Sofia Casarrubias-Juarez, Irma Rendon de Jesus, Meredith Malinsky, Jack Johnson, Kayla Malinsky, Fred Dana, Derick Garcia, Delano Brown



David & Rhonda Martin, Sandra Rodríguez, Dr. Jerry Devine, Renete Cortez, Lupita Flores Castellano, Fabien, Janet Hester, Joseph & Shelby Young, Cathy Cartrette, Doris Schneider, Gloria Lucente, Doris Warwick, Carolyn Wilkerson, Michelle & James White, Joan Van Huesen, David Rich, Noelia Powell, Joel Rivera, Kathy Geibert, Mary Lee Wadrose, Juanita Mishoe. Ruth

Keen, Sr Marta Castrejon Flores, Annette Dent, Neal Frazier, Victor Dorais, Andrea Emilia Bernabey, for the Cáceres, Rios, Alonso, Santa Cruz families, The Dana Family, Rosario Reantaso, baby Elizabeth, Allie Rogers, Lou Rastelli, and Bowen & Fisher Family

Sick and Homebound: Lydia Yarborough, Howard & Nellie Canady, Josette Terry, Gladys Ortiz, Peggy Malinsky, Lorraine Sinclair, Tom Jacoby, Jan Henderson, Ken Cross

Nursing Homes: Mary Hammonds and Therese Morel at Wesley Pines (Lumberton), Elisabeth Oxendine at Carrolton Nursing Home (Fayetteville)

Recently Deceased: +Glenn Rogers

Please notify the office if there is someone you would like us to add to our prayer list.

Por favor notifique a la oficina si hay alguien que le gustaría que agreguemos a nuestra lista de oración.

Reflexión Semanal

En el Evangelio de hoy, Jesús distingue entre la "paz que el mundo ofrece" y la paz que proviene de él.

¿Qué quiere decir Jesús exactamente?

El American Heritage Dictionary on the English Language puede darnos algunas pistas. Define la paz como: 1. la ausencia de guerra u hostilidades. 2. un acuerdo o tratado para poner fin a las hostilidades. 3. libertad de disputas o desacuerdos; relaciones armoniosas. 4. seguridad y orden públicos. 5. satisfacción interior; serenidad.

La visión de paz que el mundo ofrece —y con razón— nos dice que, para experimentar la verdadera satisfacción interior, primero debemos establecer un mundo donde no haya guerra, hostilidad, disputas, desacuerdos, desorden público ni caos. Por muy tentador que sea perseguir esta visión, la historia —la del mundo y la nuestra— ilustra dolorosamente cuán fugaz y falaz es esta promesa de paz... al menos, esta forma de alcanzarla.

En cambio, la paz que Jesús promete comienza desde dentro. Se trata de tener un sentido de integridad. Se trata de tener un sentido de propósito. Se trata de tener un sentido de significado. Se trata de tener un sentido de misión. En definitiva, se trata de tener un sentido claro e inequívoco de uno mismo, un yo que solo se comprende y realiza plenamente en el contexto de la relación con Dios, con uno mismo y con los demás.

Esta es la clase de paz que el mundo no puede dar.

Irónicamente, la promesa de Jesús de paz interior es la que ofrece la mayor esperanza para la paz mundial. Solo cuando dejamos de lado nuestras hostilidades personales, podemos trabajar verdaderamente por un mundo libre de guerra. Solo cuando dejamos de lado nuestra necesidad de tener siempre la razón, podemos aspirar a un mundo donde los desacuerdos no sean la última palabra. Solo cuando hayamos establecido cierto orden y dirección en nuestras propias vidas, podremos aspirar a lograr lo mismo a mayor escala. Solo cuando experimentamos el poder y la posibilidad que surgen de conocer y aceptar quiénes somos realmente ante Dios, podemos convertirnos en fuentes de ese mismo poder y posibilidad en la vida de los demás.



La paz de Dios no se mide por la ausencia de conflicto. La paz de Dios depende de la dedicación de cada uno a conocer primero quiénes somos para poder ver con mayor claridad lo que el mundo puede ser y los pasos que debemos dar, juntos, para hacer realidad ese ideal, por fugaz o frágil que sea.

¿Quieres la paz mundial? Entonces piensa globalmente. Pero, como Jesús, actúa localmente. Como reta la última línea de un conocido himno: «Que haya paz en la tierra, y que comience por mí».

www.oblates.org

Courage is a Roman Catholic apostolate which ministers to persons, both men and women, who experience same-sex attractions and desire support to live the Catholic Church's teaching on chastity. The local chapter of Courage in the Diocese of Raleigh can be reached confidentially at courage@couragenc.org , or 984-900-3212. **EnCourage** is a related program for the loved ones – parents, siblings, spouses, or children – of persons who experience and act on same-sex attractions. These chapters meet separately from Courage chapters, but with similar aims to devote their whole lives to Christ and the life of grace, and so to be a good example to their loved ones and to the world. The local chapter of EnCourage meets monthly and can be reached at encourage@couragenc.org , or 984-900-3212.



If you desire healing from a past abortion, you are invited to experience the love of Jesus Christ at a Project Rachel weekend retreat June 6-8, in the Raleigh area. The weekend retreat is strictly confidential, for both women and men, and includes discussions, spiritual exercises, the sacrament of reconciliation, a Memorial Service, and a Mass of the Resurrection. Participation offers a beautiful opportunity to experience God's love, forgiveness, and compassion. For more information or to register for the retreat, contact Project Rachel at: project.rachel@raldioc.org or call (919) 852-1021. The website is: rachelnc.org. Cost is \$200 for lodging, meals, and all retreat materials. Discount of \$50 if you register before May 9, Spanish and English speakers are welcome. If there is a financial burden, assistance is always available. Si deseas sanar los efectos de un aborto, estás invitada/o a experimentar el amor de Jesucristo en un retiro de fin de semana del 6 al 8 de junio, en el área de Raleigh. El retiro es estrictamente confidencial, tanto para mujeres como para hombres, e incluye discusiones, ejercicios espirituales, el sacramento de la reconciliación, un servicio conmemorativo y una misa de resurrección. Este retiro ofrece una hermosa oportunidad para experimentar el amor, el perdón y la compasión de Dios. Para información o inscripción, comunícate a: project.rachel@raldioc.org o al número telefónico (919) 264-5892. El sitio web es: rachelnc.org. El costo del retiro es de \$200 por persona incluye alojamiento, comidas y todos los materiales del retiro. Ofrecemos un descuento de \$50 si te registras antes del 09 de mayo. Los participantes que hablan español e inglés son bienvenidos. Si tienes problemas económicos, ofrecemos asistencia financiera.



The Knights of Columbus will be offering the **Tony & Dot Cabral** scholarship to a high school senior who is enrolling in a continuous education institution upon graduation. The applicant must be a member of St. Francis De Sales Catholic Church and have participated in volunteer work for the church, and their community or school. If there are no eligible high school applicants, students currently enrolled in an institute of higher learning may also be eligible, provided they have not previously received this scholarship. Awarding the scholarship is contingent upon proof of enrollment in an institute of higher learning; examples include a tuition statement, class schedule, or letter from the registrar. Applications may be submitted to any brother knight in good standing, mailed to the church, or dropped off at the parish office. If submitted to a brother knight or parish office, please place the application in a sealed envelope with the heading and subject line Annual Knights of Columbus "Tony and Dot Cabral" Scholarship The application deadline is June 1st.

- Proof of enrollment must be provided to K of C prior to July 31st.
- The scholarship will be awarded the 1st Sunday in August at 9:30 Mass.
- Applications are available in the Parish office, or by emailing acabral@nc.rr.com or lee.pittman10@gmail.com

St. Michael the Archangel Catholic Church in Cary is hosting the **Encounter Ministries School of Identity** on **June 27-28**. This dynamic 2-day weekend event, rooted in Catholic teaching, is designed to help participants grow in their identity as beloved sons and daughters of God.

- **Dates:** Friday, June 27 (5:30-8:45 PM) & Saturday, June 28 (8:45 AM-10:00 PM)
- **Location:** St. Michael the Archangel Parish Center, 800 High House Rd, Cary, NC
- **Presenters:** Kevin Bailey and Gilbert Rodriguez
- **Register:** <https://encounterministries.regfox.com/school-of-identity-cary-nc>
More Info: <https://encounterministries.us/encounter-school-of-identity/>

8th Annual "Drive Out Hunger" Golf Outing Join us, August 4th, on the course and help us Drive Out Hunger!

Event Details:

- Prestonwood Country Club, Cary, NC
- 8:30 AM – Check-In & Light Breakfast
- 10:00 AM – Shotgun Start (Captain's Choice)
- Boxed Lunches on the Course
- (Reception to Follow)



Thank you for your interest in the Drive Out Hunger Golf Outing. Please contact Tyffanie Paganello at Tyffanie.Paganello@ccharitiesdor.org with any questions regarding sponsorship opportunities or individual and foursome registrations. Event website: <https://www.catholiccharitiesraleigh.org/events/golf-2025/>



Save the Date!

Eucharistic Procession & Adoration
in Bond Park

Friday, May 30
5:30 PM - 7:30 PM

Procession from St. Michael into Bond Park

Adoration with Praise & Worship at
Sertoma Amphitheatre



John 14

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MYSELF
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SFDS YOUTH GROUP THANKS YOU! A special **Thank you** to all who supported the youth group, from last year's very first bake sale, their tie & scarf sales, and the first Children's Day last year, to their bake sale this year, and especially (two weekends

ago), those that again supported them at the "Day of the Children." On April 7th our youth helped over 50 of our small children have a great afternoon with games and fun. To all the parents that helped with the cooking, serving, organizing or even just attending the event - **THANK YOU!** The proceeds from all these Youth Group events made possible their upcoming Charleston SC Trip. Please keep all our youth in your prayers as they will be heading to Charleston next Saturday, May 17th, to meet another youth group and tour St. Clare of the day by attending Mass in the Cathedral of St. John the Baptist. Please pray for a spiritually fruitful & safe trip and **THANK YOU** again!



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